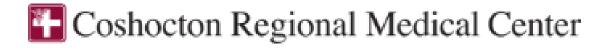


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Photo Credit: CRMC
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2022

Coshocton Regional Medical Center

Community Health Needs Assessment

- Coshocton County, Ohio -

Paper copies of this document may be obtained at: Coshocton Regional Medical Center 1460 Orange St. Coshocton, OH 43812 or by phone 740.622.6411 or via the hospital website. coshoctonhospital.org

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Perspective / Overview

About Coshocton Regional Medical Center

Coshocton Regional Medical Center is a not-for-profit, acute care hospital, and a member of the Prime Healthcare Foundation, a 501(c)(3) public charity.

With us, you'll find the providers and staff you've come to know... dedicated to delivering the best in quality care!

What began over 100 years ago as a small local hospital has evolved into a 56bed acute care hospital with a network of hospital-based clinics serving Coshocton County and the surrounding counties of Tuscarawas, Licking, Muskingum and Guernsey with quality family medicine and specialty care physicians.

We've grown to meet the demands of the 21st century while never forgetting our dedication to providing quality health care to the people of our communities – our friends, family and neighbors.

Each advancement we make is based on meeting the needs of the communities we serve with comprehensive services delivered with care and compassion close to home.

Mission & Values

At Coshocton Regional Medical Center, our mission is to deliver compassionate, quality care to patients and better healthcare to communities.

These are the values of Coshocton Regional Medical Center:

Quality

We are committed to always providing exceptional care and performance.

Compassion

We deliver patient-centered healthcare with compassion, dignity and respect for every patient and their families.

Community

We are honored to be trusted partners who serve, give back and grow with our communities.

Physician Led

We are a uniquely physician-founded and physician-led organization that allows doctors and clinicians to direct healthcare at every level.

Creating a Culture of Health in the Community



Action Cycle Source: the Robert Wood Johnson Foundation's County Health Rankings website: <u>http://www.Countyhealthrankings.org/roadmaps/action-center</u>

The Community Health Needs Assessment (CHNA) uses systematic, comprehensive data collection and analysis to define priorities for health improvement, creates a collaborative community environment to engage stakeholders, and an open and transparent process to listen and truly understand the health needs of Coshocton County, Ohio.

The Action Cycle shows how to create healthy communities. The rankings later in the document assist in understanding what makes a healthy community.

2022 Community Health Needs Assessment

This document is a hospital facility-specific Community Health Needs Assessment (CHNA) for Coshocton Regional Medical Center (CRMC).

Coshocton Regional Medical Center as the sponsors of the assessment, engaged national leaders in community health needs assessments to assist in the project. Stratasan, a healthcare analytics and services company from Nashville, Tennessee, provided the analysis of community health data, facilitated the focus groups, and conducted the interviews to receive community input into the priorities and brainstorm goals and actions the community could take to improve health.



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Starting on December 8, 2022, this report is made widely available to the community via Coshocton Regional Medical Center's website <u>https://www.coshoctonhospital.org</u> and paper copies are available free of charge at Coshocton Regional Medical Center, 1460 Orange St., Coshocton, OH 43812 or by phone (740)622-6411.

Coshocton Regional Medical Center's board of directors approved this assessment on December 8, 2022.

PROJECT GOALS

To continue a formal and comprehensive community health assessment process which allows for the identification and prioritization of significant health needs of the community to assist with resource allocation, informed decision-making and collective action that will improve health.

To continue a collaborative partnership between all stakeholders in the community by seeking input from persons who represent the broad interests of the community.

To support the existing infrastructure and utilize resources available in the community to instigate health improvement in the community. 66 We initiated the Community Health Needs Assessment with the goal to assess the health and needs of the community. This process is an affirmation of what we've been doing to improve health and has jumpstarted our next implementation plan," said Dr. Joe Salgado, CEO Coshocton Regional Medical Center

The information gathered both from public health data and from community stakeholders provided the insight the community needed to set priorities for significant health issues and will be used by the community to inform and support our implementation plans," added Rhonda B. Johnson, Director of Public Relations and Development, Coshocton Regional Medical Center

Community

Input and Collaboration

Data Collection and Timeline

In March 2022, Coshocton Regional Medical Center began a Community Health Needs Assessment for Coshocton County and sought input from persons who represent the broad interests of the community using several methods:

- Information gathering, using secondary public health sources, occurred in April and May 2022.
- Community members participated focus groups and interviews on May 24, 2022.
- The board approved the assessment on December 8, 2022
- The report was placed on the website on December 8, 2022

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Photo Credit: visitcoshocton.com; Coshocton County Visitor Bureau

Information Gaps

While this assessment was quite comprehensive, it cannot measure all possible aspects of health in the community, nor can it adequately represent all possible populations of interest. It must be recognized that these information gaps might in some ways limit the ability to assess all the community's health needs.

Participants

Thirty-seven individuals from twenty-five community organizations collaborated to implement a comprehensive CHNA process focused on identifying and defining significant health needs, issues, and concerns of Coshocton County. The three-month process centered on gathering and analyzing data as well as receiving input from persons who represented the broad interests of the community to provide direction for the community and hospital to create a plan to improve the health of the communities.

Participation by those Representing the Broad Interests of the Community

Participation in the focus groups and interviews creating the Coshocton County Community Health Needs Assessment and Improvement Plan included:

Organization	Population Represented (kids, low income, minorities, those w/o access)
All Well	Behavioral Health
Altercare	Seniors
BSN Coshocton School	Children/Youth
Career Center	Unemployed
Career Coach at Job and Family Services	Unemployed
CNO Coshocton Regional Medical Center	All
Commissioners Office	All
Coroner	All
Coshocton Board of Developmental Disabilities	Disabled, Children/Youth
Coshocton County Coordinated Transportation Agency	All
Coshocton EMS	All
Coshocton Juvenille Court	Children/Youth
Director of United Way	All
Early Childhood JFS	Children/Youth
Fatherhood Initiative	All
First Step Family Violence	Domestic violence
Health Department	All
Interim Health Care	All
Job and Family Services	Unemployed
Kno-Ho-Co Administrator	Low-income
Lafayette Pointe Marketing and Admissions	Seniors
Muskingum Valley Health Center Patient Experience	All
River View School	Children/Youth

In many cases, several representatives from each organization participated.

Community Engagement and Transparency

Many members of the community participated in the focus groups, and individual interviews. We are pleased to share the results of the Community Health Needs Assessment with the rest of the community in hopes of attracting more advocates and volunteers to improve the health of our communities. The following pages highlight key findings of the assessment. We hope you will take the time to review the health needs of our community as the findings impact each citizen in one way or another; and join in the improvement efforts.

Input of the Medically Underserved, Low-Income, and Minority Populations

Input of medically underserved, low-income and minority populations was received though interviews, and focus groups. Agencies representing these population groups were intentionally invited to the focus group and interviews.

Input of those with Expertise in Public Health

The Health Department participated in the focus group for input into the most significant health needs discussions.



Photo Credit: CRMC; visitcoshocton.com; Coshocton County Visitor Bureau

Community Selected for Assessment

Coshocton County was the primary focus of the CHNA due to the service area of Coshocton Regional Medical Center. Used as the study area, Coshocton County provided 87% of inpatient discharges from July 1, 2020, through June 30, 2021. The community includes medically underserved, low-income and minority populations who live in the geographic areas from which Coshocton Regional Medical Center draws its patients. All patients were used to determine the service area without regard to insurance coverage or eligibility for financial assistance under Coshocton Regional Medical Center's Financial Assistance Policy.



Coshocton Regional Medical Center Study Area - 2022



Photo Credit. visitcosnocton.com, Coshocton County Visitor Bureau

Key Findings

Community Health Assessment

Results

Based on the previous CHNA priorities, secondary data, focus groups, and interviews the CRMC leadership selected the following significant health needs to be the focus of the work of community over the next three years.

- 1. Increased Education to the Community on Healthy Eating and Active Living
- 2. Increased Access and Education involving Chronic Diseases
- 3. Substance Use/ Mental Health

Process and Methods

Both primary and secondary data sources were used in the CHNA.

Primary methods included:

• Community focus groups and interviews

Secondary methods included:

- Public health data death statistics, County Health Rankings, cancer incidence
- Demographics and socioeconomics – population, poverty, uninsured, unemployment
- Psychographics behavior measured by spending and media preferences



Photo Credit: CRMC

Description of the Communities Served

Demographics

The table below shows the demographic summary of Coshocton County compared to Ohio and the U.S.

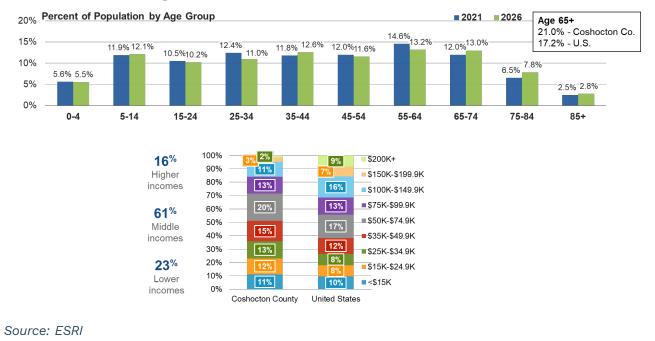
	Coshocton County	Ohio	USA
Population	37,029	11,839,300	333,934,112
Median Age	42.9	40.5	38.8
Median Household Income	\$48,692	\$57,725	\$64,730
Annual Pop. Growth (2021-2026)	-0.07%	0.21%	0.71%
Household Population	14,828	4,761,855	126,470,675
Dominant Tapestry	Salt of the Earth (6B)	Salt of the Earth (6B)	Green Acres (6A)
Businesses	1,030	374,840	12,013,469
Employees	11,694	6,024,997	150,287,786
Health Care Index*	76	91	100
Average Health Expenditures	\$4,753	\$5,701	\$6,237
Total Health Expenditures	\$70.5 M	\$27.1 B	\$788.8 B
Racial and Ethnic Make-up			
White	96%	80%	69%
Black	1%	13%	13%
American Indian	0%	0%	1%
Asian/Pacific Islander	0%	3%	6%
Other	0%	2%	7%
Mixed Race	2%	3%	4%
Hispanic Origin	1%	4%	19%

Source: ESRI

*The Health Care Index is household-based, and represents the amount spent out of pocket for medical services and insurance relative to a national index of 100.

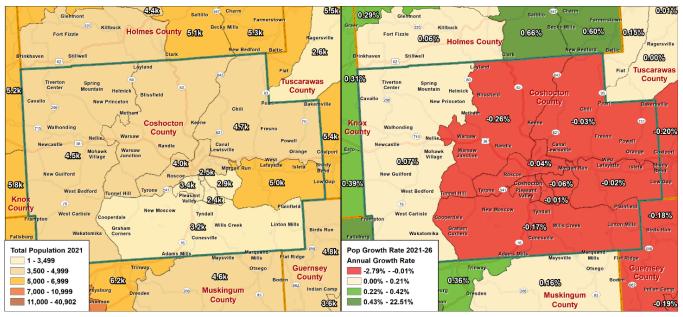
The median is the value at the midpoint of a frequency. There is an equal probability of falling above or below the median.

Coshocton County



- The population of Coshocton County is projected to decrease from 2021 to 2026 (-0.07% per year). Ohio is projected to increase 0.21% per year. The U.S. is projected to increase 0.71% per year.
- Coshocton County had a higher median age (42.9 median age) than OH (40.5) and the U.S. (38.8). In Coshocton County the percentage of the population 65 and over was 21%, higher than the U.S. population 65 and over at 17.2%.
- Coshocton County median household income at \$48,692 was lower than OH (\$57,725), and the U.S. (\$64,730). The rate of poverty in Coshocton County was 14.9% which was higher than OH (12.6%) and the U.S. (11.9%).
- The household income distribution of Coshocton County was 16% higher income (over \$100,000), 61% middle income, and 23% lower income (under \$25,000).
- The health care index measures how much the populations spent out-of-pocket on health care services including insurance premiums. The U.S. index was 100. Coshocton County was 76, indicating 24% less spent out of pocket than the average U.S. household on medical care (doctor's office visits, prescriptions, hospital visits) and insurance premiums.
- The racial and ethnic make-up of Coshocton County was 96% White, 1% Black, 1% Hispanic Origin, and 2% mixed race.

2021 Population by Census Tract and Change (2021-2026)



Source: ESRI

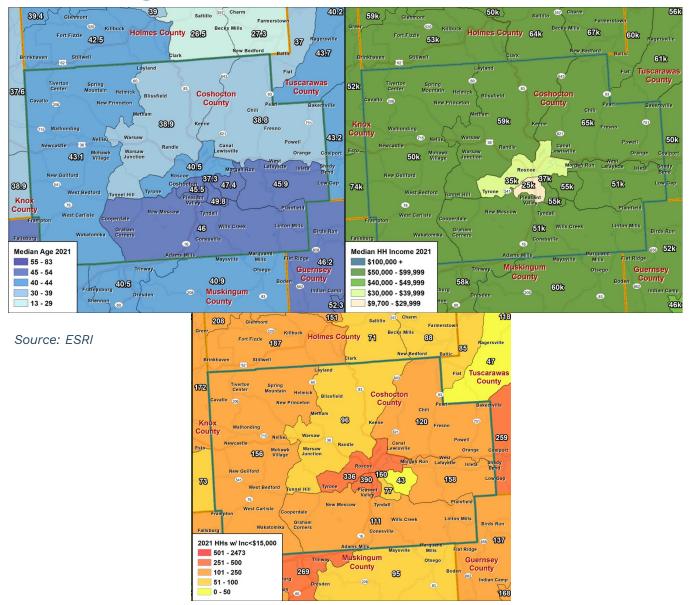
Red is population decline Yellow is positive up to the OH growth rate Green is greater than the OH growth rate Dark Green is twice the OH growth rate

Census tracts generally have a population size between 1,200 and 8,000 people, with an optimum size of 4,000 people.

The census tracts in Coshocton had the most population in the county. Most of the population, 15.2K is located in the 5 census tracts around and including Coshocton.

Coshocton County's population was projected to decrease from 2021 to 2026, -.07% per year. The western third of the county is projected to increase .07% per year. The remainder of the county to the east, each census tract is projected to decline in population, with the largest decrease in Warsaw, Warsaw Junction and Randall.

2021 Median Age & Income

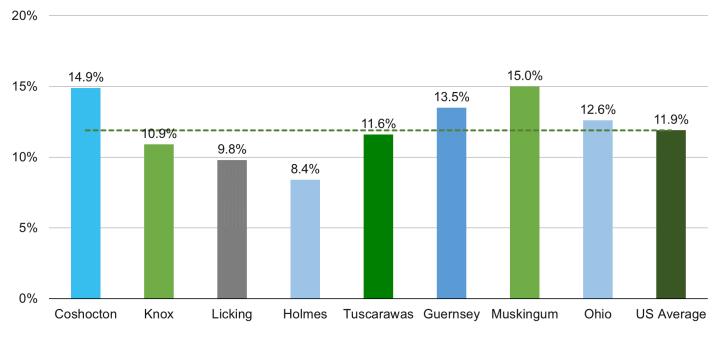


The top two maps depict median age and median income by census tract. Looking at age and income by census tract is helpful to demonstrate all areas of a county are not the same. The health needs may be slightly different in north Coshocton County with a median age of 38 than those in the south of the county, with median ages in the mid and upper forties.

Looking at median household income by census tract may give insight into health status. Unlike the surrounding areas in Coshocton County, the town of Coshocton is the only area with a median income of less than \$30K. Lower income areas may require more assistance than the higher income tracts.

The lower map is the number of households making less than \$15K per year, further attempting to identify those areas within the county that may have lower health status. Roscoe, Pleasant Valley, and Coshocton have a larger number of households making less than \$15K per year than surrounding areas.

Coshocton County's 2020 poverty percentage was 14.9% compared to Ohio at 12.6% and the U.S. at 11.9%. The cost of living in Coshocton County is lower than OH and the U.S.



Source(s): U.S. Census Bureau, Small Area Income and Poverty Estimates (SAIPE) Program (2020 data, released 2021)

Business Profile

63.5% percent of employees in Coshocton County were employed in:

- Health Care & Social Assistance (20.6%)
- Manufacturing (16.1%)
- Retail Trade (11.7%)
- Accommodation & Food Service (7.7%)
- Other Services (7.4%)

Source: Esri

Retail and accommodation and food service offer health insurance at a lower rate than healthcare and educational services.

Coshocton County's January 2022 preliminary unemployment was 5% compared to 8.1% for Ohio and 4.0% for the U.S.

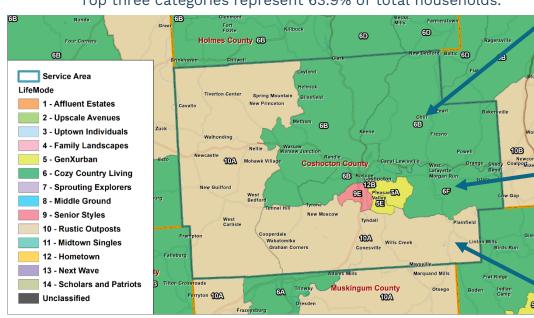
It is beneficial to contact people in groups to improve health. There are three primary places people gather during the week, work, church and school. These are three excellent places to reach people to create a culture of health.

Tapestry Segmentation

Demographics are population, age, sex, race. Psychographics are adding behavior data in the form of spending habits and survey data on top of demographics. 63.9% of Coshocton County are included in three Tapestry Segments. The map below is color coded by LifeMode, which are groupings of Tapestry Segments that behave similarly. The dominant Tapestry Segment of each census tract is identified by number.

The dominant Tapestry Segments in the county were Salt of the Earth (33%), Heartland Communities (19.1%), and Southern Satellites (11.8%). The map below demonstrates the dominant Tapestry Segment by census tract.

There is a very brief description of the segments on the right of the map. There is much more information on Tapestry Segments, at http://doc.arcgis.com/en/esri-demographics/data/tapestry-segmentation.htm. Studying the Tapestry Segments in the study area helps determine health habits and communication preferences of residents enabling more effective communication and implementation of solutions to improve health. Many spoke of meeting people where they are in the focus group and interviews. Studying their Tapestry Segment can help do that.



Top three categories represent 63.9% of total households.

Dominant Tapestry Segmentation of Coshocton County. Arrows point to the top 3 tapestry segments within the county. Tapestry segments only appear on map if they are ranked 1st in a census tract.

Source: ESRI

Top 3 Tapestry Segments

6B | Salt of the Earth (33.0%)

- 44.1 med. age
 - \$56k med. HH income
 - Try to eat healthy, tracking the nutrition and ingredients in the food they purchase
 - They own satellite dishes, and have access to high-speed internet
- These conservative consumers prefer to conduct their business in person

6F | Heartland Communities (19.1%)

- 42.3 med. age
- \$42k med. HH income
- To support their local community, residents participate in public activities
- Residents trust TV and newspapers more than any other media

10A | Southern Satellites (11.8%)

- 40.3 med age
- \$48k med. HH income
- They obtain a disproportionate amount of their information from TV.
- Partial to eating at low-cost family restaurants and drive-ins.
- They tend to be somewhat late to adapting to new technology.

Focus Group and Interview Results

Community Input

Community stakeholders representing the broad interests of the community as well as those representing low income, medically underserved and minority populations participated in individual interviews and focus groups on May 24th, 2022, for their input into the community's health. Community participation in focus groups and individual interviews represented a broad range of interests and backgrounds. Below is a summary of the focus groups and interviews.

1. How do you define health?

- State of being, physical, mental, spiritual
- Absence of disease
- Functioning at a reasonable level for your stage in life, can change with age

2. For the purposes of this Community Health Needs Analysis, the community is Coshocton County, generally, how would you describe the community's health?

- Average, compared to nation overall
- Varies some populations are fairly healthy, and some aren't. Some people don't take care of themselves or do what their physician tells them

3. What are the biggest health concerns or issues for the communities today?

- Mental health Significant depression and anxiety, kids suicide rate, behavior
- Substance use addiction, drugs, alcohol, smoking/vaping
- Cardiovascular health, COPD, CHF, heart disease, obesity, diabetes
- Dental issues
- Resource shortage
- Home health shortage
- Medicaid applications increased
- Domestic violence
- Social determinants of health
 - Housing
 - Transportation
- Lack of hygiene (bed bugs, roaches, lice, hoarding)
- Lack of education
- Sustained unemployment after qualifying for assistance
- Noncompliance with medical advice

4. What are the most important health issues facing various populations including medically-underserved, low-income populations?

- Lack of services
 - Providers who take Medicaid insurance
 - Pediatric services
 - Specialty services (occupational therapy, speech therapy, etc.)
 - Lack of ongoing support to help people sustain lifelong changes
- Cost of healthcare
- Poor housing conditions hoarding, self-care, infestation
- Mental health
- Pride preventing some from seeking care
- Homelessness
- Mental health, poor self-image leading to self-destructive behavior
- People staying home post-COVID

5. What are the most important health issues facing various populations including minority populations?

- Language barriers
- LGBTQ acceptance
- Drug use
- Lack of diversity
- Foster system in poor condition

6. What are the most important health issues facing children?

- Mental health
- Physical health
- Access to pediatric services
- Nutrition
 - Lack of access to food during COVID
 - Majority of kids don't like healthy food
 - Need nutritionists in school
- Kids selling their medicine
- Affordable day care
- Home environment bed surfing, not having permanent homes, raised by grandparents
- Lack of accountability and support to maintain positive change

7. What are the most important health issues facing seniors?

- Lack of care
 - Primary care
 - Specialty care
 - o Ongoing support, chronic pain management
 - Access to home health
 - Insurance driving healthcare, not professionals
- COPD, dementia, heart disease, lung issues, obesity, diabetes, and complications
- Lack of mobility
- Lack of education, specifically concerning diabetes
- Prescription drug affordability
- Stress of taking care of grandchildren
- Community resources ("Meals on Wheels", etc.) not utilized by seniors
- Pride keeps them from seeing doctors

8. The community performed a CHNA in 2019 and identified priorities for health improvement,

- 1. Substance Use/ Mental Health 4. Transportation
- 2. Healthy Eating/ Active Living
 - 5. Homelessness

3. Tobacco Use

What has changed most related to health status in the last three years?

- All issues are still relevant
- Transportation has improved, but still have limited access
- Mental health and substance misuse worse
- Homelessness increased
- Additional issue domestic violence

9. What environmental or social factors have the biggest impact on community health?

- Childcare
 - o Expensive
 - Less services available
 - Need afterschool programs for older children
 - Homeschooling more prevalent
- Healthcare cost, overworked mentally and physical
- Transportation
- Isolation from others, self-sufficiency is success
- Need sidewalks for easier outdoor access
- Technological issues internet, seniors not technologically savvy, social media

10. What do you think the barriers will be to improve health in the communities?

- Access to care
 - Lack of health insurance
 - High deductibles
 - Lack of primary care physicians
 - Affordability
 - Lack of funding
- Lack of transportation
- Lack of motivation from community
- Safety concerns for children

11. What community assets support health and wellbeing?

- Outdoor activities parks, trails, mud run, etc.
- Community resources
 - Fit Kids America
 - Meals on Wheels
 - Schools providing snacks/meals
 - o Career center
 - Free transportation
- Desire to improve health
- City-County Health Department
- 3 urgent care centers in the community
- Manufacturers

12. What, if any, health issues or inequities did the COVID-19 pandemic expose in the community?

- Lack of sufficient mental health facilities
- Domestic violence increased
- Misbehavior in children increased
- Grants declined
- SNAP benefits for elderly
- Lack of services
 - o Mental health facilities
 - Staff shortages
 - Lack of available beds in hospitals
- COVID cases elevating to COVID pneumonia in unvaccinated men ages 50+
- Lack of trust in government

13. If you had a magic wand, what improvement activities should be a priority for the county to improve health?

- Transportation emergency, non-emergency, more drivers, sidewalks for access
- Access to services nutritionists in schools, dieticians in grocery stores, community sexual assault nurse examiner, mental health facilities, orthopedic services, more primary care physicians, weekend access to providers
- Affordable housing
- More outreach and afterschool programs
- Ongoing support for chronic illnesses
- More community education, increase interest in health improvement and selfcare
- More employment opportunities
- Insurance providers partnering with employers to decrease premiums based on health
- Parent mentoring
- Eliminate destructive parts of the internet
- Muskingum Valley Health deal
- Interagency communication between schools and community organizations



Photo Credit: CRMC

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Health Status Data, Rankings and Comparisons

Health Status Data

Based on the 2022 County Health Rankings study performed by the Robert Wood Johnson Foundation and the University of Wisconsin², Coshocton County ranked 64th out of 88 Ohio counties ranked for health outcomes (1= the healthiest; 88 = unhealthiest), and 76th for health factors. Health outcomes are composed of length of life and quality of life. Health factors are comprised of health behaviors, clinical care, social & environmental factors, and physical environment.

County Health Rankings suggested the areas to explore for improvement in Coshocton County were higher adult smoking, higher adult obesity, physical inactivity, alcoholimpaired driving deaths, lower insured, lower flu vaccinations, lower number of primary care physicians, lower high school completion, and lower percentage with some college. The areas of strength were identified as lower injury deaths, less violent crime, and a lower percentage of commuters driving alone to work.

When analyzing the health status data, local results were compared to Ohio, the U.S. (where available), and the top 10% of counties in the U.S. (the 90th percentile). Where Coshocton County's results were worse than OH and U.S., groups and individuals have an opportunity to act and improve these community measures. To become the healthiest community in Ohio and eventually the nation, Coshocton County must close several lifestyle gaps. For additional perspective, Ohio was ranked the 37th healthiest state out of the 50 states. (Source: 2021 America's Health Rankings; lower is better) Ohio strengths were high volunteerism rate, low percentage of adults who avoided care due to cost, and low percentage of severe housing problems. Ohio challenges were high prevalence of multiple chronic conditions, high prevalence of insufficient sleep, and high prevalence of cigarette smoking.

Comparisons of Health Status

Information from County Health Rankings and America's Health Rankings was analyzed in the CHNA in addition to the previously reviewed sociodemographic information and other public health data. Other data analyzed is referenced in the bullets below, such as: causes of death, demographics, socioeconomics, consumer health spending, and interviews. If a measure was better than Ohio, it was identified as a strength, and where an indicator was worse than Ohio, it was indicated an opportunity for improvement. To prevent strengths from becoming opportunities for improvement, it's important to continually focus on them. Opportunities were denoted with red octagons, and strengths were denoted with green stars for easy interpretation. The years displayed on the County Health Rankings graphs show the year the data was released. The actual years of the data are contained in the source notes below the graphs.

² The Rankings are based on a model of population health that emphasizes the many factors that, if improved, can help make communities healthier places to live, learn, work and play. Building on the work of America's Health Rankings, the University of Wisconsin Population Health Institute has used this model to rank the health of Ohio's counties every year since 2003.

Comparisons of Health Status

In most of the following graphs, Coshocton County will be blue, Ohio (OH) will be red, U.S. grey and the 90th percentile of counties in the U.S. gold.

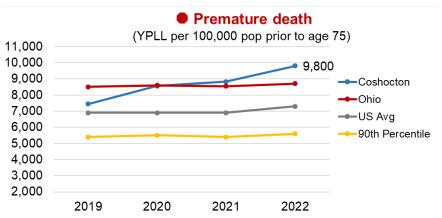
Health Outcomes (Length of Life and Quality of Life)

Health Outcomes are a combination of length of life and quality of life measures. Coshocton County ranked 64th in health outcomes out of 88 Ohio counties.

Length of Life

Length of life was measured by years of potential life lost per 100,000 population prior to age 75, lower is better. For example, a 25-year-old is killed in an accident, equates to 50 years of potential life lost prior to age 75. Coshocton County ranked 66th in length of life in OH. Coshocton County lost 9,800 years of potential life per 100,000 population which was higher than both OH and the U.S.

Coshocton County residents can expect to live 1.6 years less than the average U.S. resident.



• Life Expectancy

(Average number of years a person can expect to live)

	2018-2020	Coshocton County	2018-2020
Coshocton		American Indian & Alaska	
County	75.4	Native	NR
Ohio	76.5	Asian	NR
	77.0	Black	NR
US Avg*	77.0	Hispanic	NR
90th Percentile	80.6	White	NR

* US data is 2020 only. Due to impacts of Covid, life expectancy in the US decreased 1.8 years from 2019.

Source: Premature death and life expectancy - County Health Rankings; National Center for Health Statistics – Mortality File 2018-2020

Cause of Death	Coshocton County	Ohio	US
Heart Disease	208.6	196.9	168.2
Cancer	175.2	159.1	144.1
COVID-19*	65.0	87.3	85.0
Accidents (Unintentional Injuries)	59.1	78.2	57.6
Strokes	47.1	45.3	38.8
Respiratory Diseases	55.7	44.6	36.4
Alzheimer's	43.9	38.0	32.4
Diabetes	35.6	28.3	24.8
Suicide	18.3	13.8	13.5
Liver Disease	9.6	12.5	13.3
Influenza and Pneumonia	14.8	13.3	13.0
Nephritis, nephrosis	13.7	14.1	12.7
Parkinson Disease	12.5	10.8	9.9
Septicemia	17.0	13.3	9.7

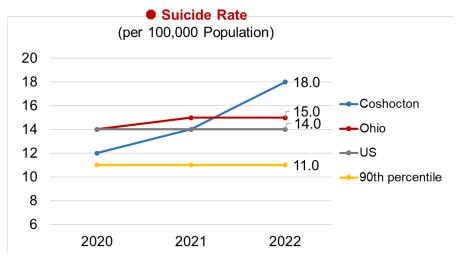
Leading Causes of Death: Age-Adjusted Death Rates per 100,000 Population

	County		
Heart Disease	208.6	196.9	168.2
Cancer	175.2	159.1	144.1
COVID-19*	65.0	87.3	85.0
Accidents (Unintentional Injuries)	59.1	78.2	57.6
Strokes	47.1	45.3	38.8
Respiratory Diseases	55.7	44.6	36.4
Alzheimer's	43.9	38.0	32.4
Diabetes	35.6	28.3	24.8
Suicide	18.3	13.8	13.5
Liver Disease	9.6	12.5	13.3
Influenza and Pneumonia	14.8	13.3	13.0
Nephritis, nephrosis	13.7	14.1	12.7
Parkinson Disease	12.5	10.8	9.9
Septicemia	17.0	13.3	9.7

Leading Causes of Death per 100,000 Population 2020

Source: Wonder.cdc.gov. Age-adjusted rates per 100,000 population. Coshocton County data from 2017- 2020 combined. NM, US data from 2020. Age Adjustment Uses 2000 Standard Population.

Rates in red had death rates higher than OH. The leading causes of death in Coshocton County were heart disease, then cancer, followed by COVID-19, accidents, respiratory diseases, strokes, Alzheimer's disease, diabetes, suicide, septicemia, the flu and pneumonia, nephritis and nephrosis, Parkinson Disease, and liver disease.



The suicide trend increased with Coshocton County's rate higher than OH and the U.S.

Source(s): Wonder CDC.gov (2020) Age-adjusted rates per 100,000 population. Age Adjustment Uses 2000 Standard Population.

Length of Life STRENGTHS

- Coshocton County had lower death rates for liver disease than both OH and the U.S.
- Coshocton County had lower death rates for accidents and nephritis than OH, though higher than the U.S.
- COVID-19 death rates were lower than both OH and the U.S.

Length of Life OPPORTUNITIES

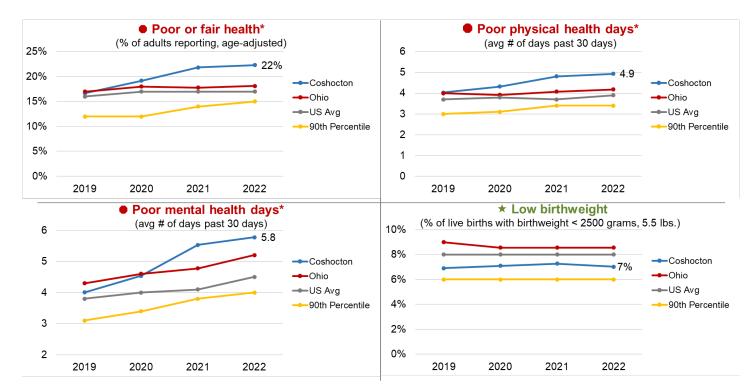
- Coshocton County had a shorter life expectancy than both OH and the U.S.
- Coshocton County had higher death rates attributable to heart disease, cancer, respiratory disease, strokes, diabetes and influenza and pneumonia than both Ohio and the U.S.
- Coshocton County had higher number of years of potential life lost prior to age 75 than both OH and the U.S.
- Coshocton County's suicide rate increased in 2020 and was higher than OH and the U.S. in 2022.



Photo Credit: visitcoshocton.com

Quality of Life

Quality of life was measured by: % reporting fair or poor health, the average number of poor physical health days and poor mental health days in the past 30 days, and % of live births with birthweight less than 2500 grams, or 5.5 lbs. Coshocton County ranked 59th in quality of life out of 88 Ohio counties.



*Beginning with 2021 CHR, the CDC has updated their modeling procedure for producing small-area estimates. 2021 should not be compared to prior years.

Source: County Health Rankings; Behavioral Risk Factor Surveillance System (BRFSS) 2019 Source: County Health Rankings: National Center for Health Statistics – Natality files (2014-2020)

Quality of Life STRENGTHS

• Coshocton County had a lower percentage of low birthweight babies at 7% than OH and the U.S.

Quality of Life OPPORTUNITIES

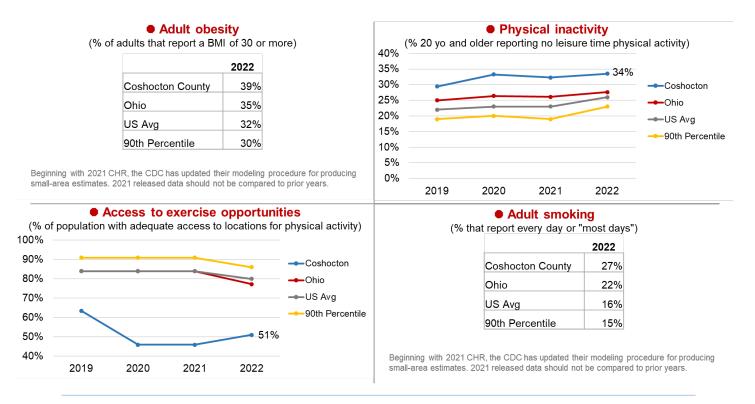
- Coshocton County had a higher percentage of adults reporting poor or fair health at 22% than OH at 18%.
- Coshocton County had a higher percentage of adults reporting poor mental health days at 5.8 than both OH (5.2) and the U.S. at 4.5.
- Coshocton County had a higher percentage of adults reporting poor physical health days at 4.9 than both OH and the U.S.

Health Factors or Determinants

Health factors or determinants rankings are comprised of measures related to health behaviors (30%), clinical care (20%), social & economic factors (40%), and physical environment (10%). Coshocton County ranked 76th in health factors out of 88 Ohio counties.

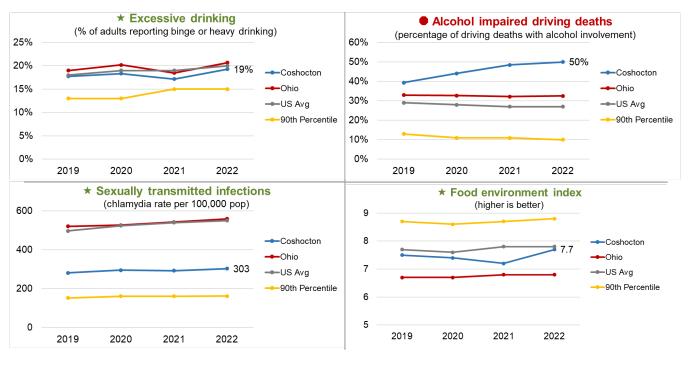
Health Behaviors

Health behaviors are made up of nine measures and account for 30% of the county rankings. Coshocton County ranked 78th in health behaviors out of 88 counties in Ohio.



Source: Obesity & Physical Inactivity – CHR, United States Diabetes Surveillance System, 2019 Source: Access to exercise opportunities – CHR, Business Analyst, Delorme map data, ESRI, & US Census Tigerline Files, 2010 and 2021. Measures the percentage of individuals in a County who live reasonably close to a location for physical activity, defined as parks or recreational facilities (local, state national parks, gyms, community centers, YMCAs, dance studios and pools based on SIC codes)

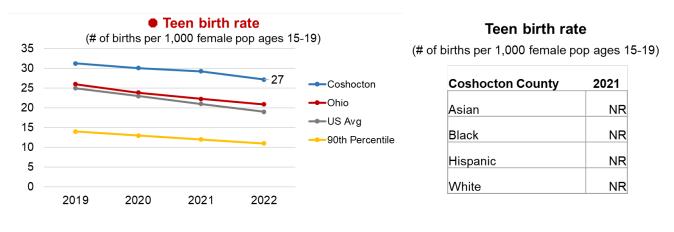
Source: Smoking - CHR; Behavioral Risk Factor Surveillance System (BRFSS), 2019



Health Behaviors, Cont.

Source: Excessive drinking - CHR; Behavioral Risk Factor Surveillance System (BRFSS), 2019 Source: Alcohol-impaired driving deaths - CHR; Fatality Analysis Reporting System, 2016-2020 Source: STIs - CHR; National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, 2019 Source: Food environment: CHR; USDA Food Environment Atlas, Map the Meal Gap from Feeding America, 2019

The food environment index is comprised of % of the population with limited access to healthy foods and % of the population with food insecurity. Limited access to foods estimates the % of the population who are low income and do not live close to a grocery store. Food insecurity is the % of the population who did not have access to a reliable source of food during the past year.

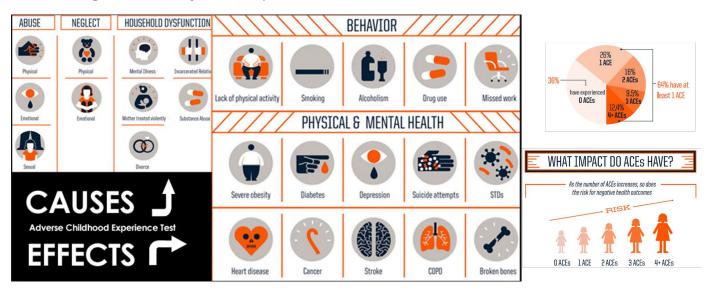


Source: Teen birth rate - CHR; National Center for Health Statistics - Natality files, 2014-2020

Health Behaviors, Cont.

Adverse Childhood Experiences (ACEs)

Abuse, neglect and household disfunction have the effect of poor health behaviors as well as poor physical and mental health. The more ACES a child has the higher risk they are for poor health outcomes.



	0 ACEs	1 ACEs	2+ ACEs
United States	54%	25%	22%
Ohio	51%	23%	27%

Among children from birth through age 17, percentage reported to have had zero, one, and two or more ACEs, nationally and by state.

Data Source: National Survey of Children's Health 2016, Health Resources and Services Administration, Maternal and Child Health Bureau. <u>https://mchb.hrsa.gov/data/national-surveys</u>

Citation: Child and Adolescent Health Measurement Initiative. 2016 National Survey of Children's Health (NSCH) data query. Data Resource Center for Child and Adolescent Health supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB). Retrieved [04/13/22] from [www.childhealthdata.org].

ACEs data is not available for Coshocton County. However, Ohio had a lower percentage of youth with no aces and 1 ACE, but higher percentage of youth 2 or more ACEs.

Health Behaviors STRENGTHS

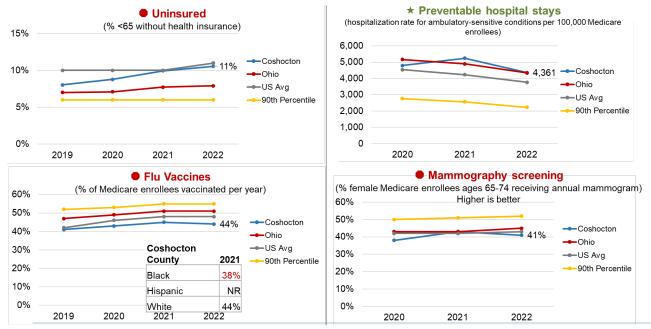
- 19% of Coshocton County reported binge or heavy drinking, lower than both OH (21%) and the U.S. (20%).
- Sexually transmitted infections measured by chlamydia rate per 100,000 population were lower in Coshocton County (303) than OH (559) and the U.S. (551).
- The food environment index was higher (better) in Coshocton County (7.7) than OH (6.8) but lower than the U.S. (7.8).

Health Behaviors OPPORTUNITIES

- Adult obesity in Coshocton County was 39%, higher than both OH at 35% and the U.S. at 32%. The obesity trend puts people at increased risk of chronic diseases including diabetes, kidney disease, joint problems, hypertension and heart disease. Obesity can cause complications in surgery and with anesthesia. It has been implicated in Alzheimer's and often leads to metabolic syndrome and type 2 diabetes.
- Alcohol impaired driving deaths were higher in Coshocton County (50%) than in OH (33%) and the U.S. (27%).
- Physical inactivity was higher in Coshocton County at 34% than in OH with 28% and the U.S. at 26%.
- 27% of Coshocton County smokes, higher than OH at 22% and the U.S. at 16%.
- The teen birth rate in Coshocton County was 27 births per 1,000 female population ages 15-19, higher than OH at 21 births, and higher than the U.S. at 19 births
- 51% of Coshocton County had access to exercise opportunities compared to 80% of the US and 77% of OH.

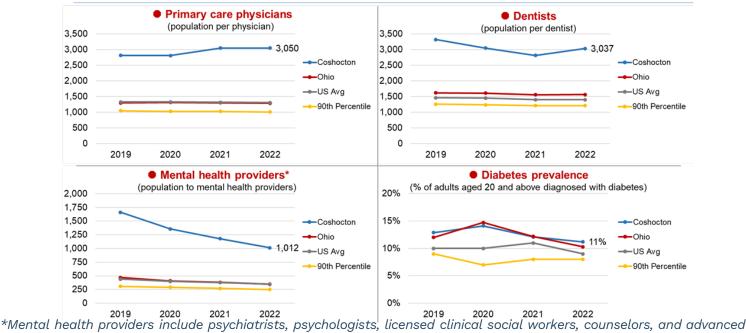
Clinical Care

Clinical care ranking is made up of seven indicators, and account for 20% of county rankings. Coshocton County ranked 75th in clinical care out of 88 Ohio counties.



Source: Uninsured - CHR; Small Area Health Insurance Estimates, 2019

Source: Preventable hospital stays, mammography screening, flu vaccinations – CHR, CMS Mapping Medicare Disparities Tool, 2019



practice nurses specializing in mental health care.

Source: Pop to PCP - CHR; Area Health Resource File/American Medical Association, 2019

Source: Pop to Dentists - CHR; Area Health Resource File/National Provider Identification file, 2020

Source: Pop to mental health provider (psychiatrists, psychologists, licensed clinical social workers, counselors, marriage and family therapists and advanced practice nurses specializing in mental health) CHR; CMS, National Provider

Identification, 2021

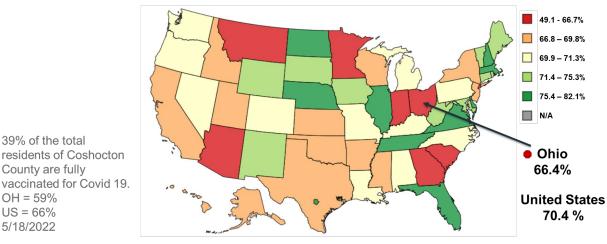
Source: Diabetes prevalence – Behavioral Risk Factor Surveillance System, 2019

Clinical Care, cont.

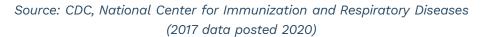
OH had a lower vaccination percentage among children 19-35 months old than the U.S.

Vaccination Coverage Among Children

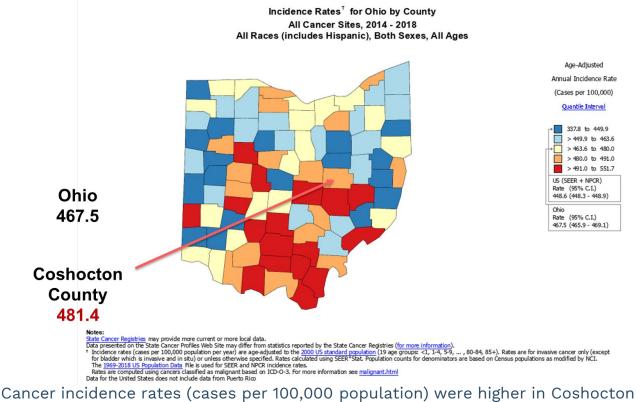




Combined 7 vaccine series (4:3:1:3*:3:1): 4 or more doses of DTaP, 3 or more doses of Polio, 1 or more doses of MMR, Hib full series (3 or 4 doses, depending on product type received), 3 or more doses of HepB, 1 or more doses of Varicella, and 4 or more doses of PCV (In 2013 data, referred to as 4:3:1:4:S1:4:FS)



Cancer Incidence Rates – OH Counties



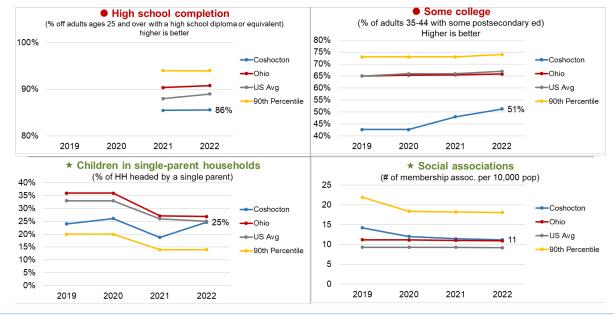
County (481.4) than in OH (467.5), and the U.S. (448.6).

Clinical Care OPPORTUNITIES

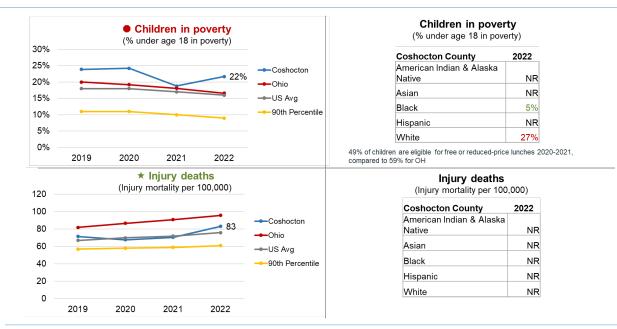
- The percent of population under sixty-five without health insurance was 11% in Coshocton County, the same as the U.S., but higher than OH at 8%.
- The percent of Medicare enrollees with flu vaccines per year was lower in Coshocton County at 44% than OH (51%) and the U.S. (48%).
- Preventable hospital stays in Coshocton County were 4,631 per 100,000 Medicare enrollees which was higher than OH (4,338), and the U.S. (3,767). Hospitalization ambulatory-care sensitive conditions, which are diagnoses treatable in outpatient settings, suggests that the quality of care provided in the outpatient setting was less than ideal. This measure may also represent a tendency to overuse hospitals as a main source of care. Preventable Hospital Stays could be classified as both a quality and access measure, as some literature describes hospitalization rates for ambulatory care-sensitive conditions primarily as a proxy for access to primary health care. Source: CHR; Brumley R, Enguidanos S, Jamison P, et al. Increased satisfaction with care and lower costs: Results of a randomized trial of in-home palliative care. J Am Geriatric Soc. 2007;55:993-1000.
- The percentage of adults with diabetes in Coshocton County was 11%, higher than OH (10%) and the U.S. (9%).
- Mammography screening was lower in Coshocton County at 41% than OH at 45% and the U.S. at 43%.
- The population per primary care physician was at 3,050 in Coshocton County higher than OH (1,291) and the U.S. (1,310).
- The population per dentists was 3,037 in Coshocton County, higher than OH (1,566) than the U.S. (1,400).
- The population per mental health provider was 1,012 in Coshocton County, higher than both OH (346) and the U.S. (350).
- The cancer incidence rate in Coshocton County was 481 cases per 100,000 population which was higher than OH (468), and the US (449).
- The percentage of vaccination coverage amount children 19-35 months was lower in OH at 66.4% than the U.S. at 70.4%. COVID-19 vaccinations were also lower in Coshocton County than OH and the U.S.

Social & Economic Factors

Social and economic factors account for 40% of the county rankings. There are eight measures in the social and economic factors category. Coshocton County ranked 72nd in social and economic factors out of 88 Ohio counties.



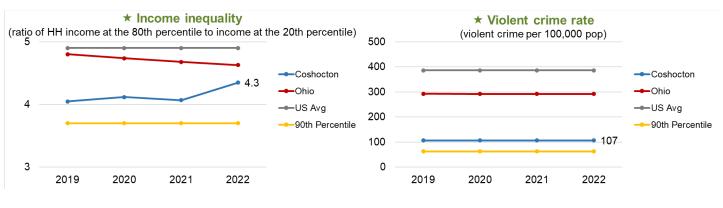
Source: High school completion– CHR, American Community Survey, 5-yr estimates, 2016-2020 Source: Some college CHR; American Community Survey, 5-year estimates, 2016-2020. Source: Children in poverty – CHR; U.S. Census, Small area Income and Poverty Estimates, 2020 Source: Social associations – CHR; County Business Patterns, 2019



Source: Income inequality and children in single-parent households - CHR; American Community Survey, 5-year estimates 2016-2020

Source: Injury deaths – CHR; National Center for Health Statistics – Mortality Files, 2016-2020 Source: Violent crime - CHR; Uniform Crime Reporting – FBI, 2014 & 2016

Social & Economic Factors Cont.



Social & Economic Factors STRENGTHS

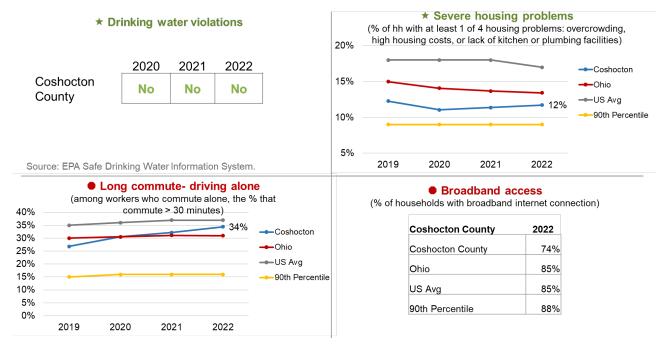
- The percentage of children in single-parent households was 25% in Coshocton County, lower than OH (27%) and the same as the U.S (25%).
- Injury deaths were lower in Coshocton County at 83 per 100,000 population than OH (96) but higher than the U.S. (76).
- Income inequality represents the ratio of household income at the 80th percentile compared to income at the 20th percentile. Income inequality was lower in Coshocton County at 4.3 than OH at 4.6 and the U.S. at 4.9.
- The violent crime rate in Coshocton County was 107 violent crimes per 100,000 population, which was lower than in OH at 293 and the U.S. at 386.
- Social associations were the same in Coshocton County at 11 memberships per 10,000 population as OH, and higher than the U.S. at 9 memberships. Associations include membership organizations such as civic organizations, bowling centers, golf clubs, fitness centers, sports organizations, religious organizations, political organizations, labor organizations, business organizations, and professional organizations.

Social & Economic Factors OPPORTUNITIES

- The high school completion rate was lower in Coshocton County at 86% was lower than OH (90.7%) and the U.S. (89%).
- 51% of Coshocton County adults had some postsecondary education which was lower than OH (66%) and the U.S. (67%).
- The children in poverty rate was higher for Coshocton County at 22% than OH at 17% and the U.S. (16%).
- The poverty estimates for 2020 showed Coshocton County at 14.9%, higher than OH (12.6%) the U.S. (11.9%).
- The median household income in Coshocton County was \$48,692, lower than OH at \$57,725 and the U.S. at \$64,730.

Physical Environment

Physical environment contains four measures in the category and accounts for 10% of the county rankings. Coshocton County ranked 6th in physical environment out of 88 Ohio counties.



Source: Drinking water violations – County Health Rankings; EPA, Safe Drinking Water Information System, 2020 Source: Severe housing problems – County Health Rankings; HUD Comprehensive Housing Affordability Strategy data, 2014-2018. Source: Driving alone to work and long commute – County Health Rankings: American Community Survey, 5-year estimates, 2016-2020. Source: Air pollution – County Health Rankings: CDC National Environmental Health Tracking Network, 2018 Source: Broadband access – CHR; American Community Survey, 5-yr estimates, 2016-2020

Physical Environment STRENGTHS

- Coshocton County had a lower percentage of severe housing problems at 12% than OH (13%) and the U.S. at 17%.
- Broadband access was lower in Coshocton County at 74% than OH (85%) and the U.S. (85%).
- Coshocton County did not report drinking water violations in 2022.

Physical Environment OPPORTUNITIES

• 34% of workers in Coshocton County who commute alone commute over 30 minutes, higher than OH at 31% but lower than the U.S. at 37%.

There were Four Broad Themes that Emerged in this Process:

- Coshocton County needs to continue to create a "Culture of Health" which permeates throughout the towns, employers, churches, and community organizations to engender commitment to health improvement.
- There is a direct relationship between health outcomes and affluence (income and education). Those with the lowest income and education generally have the poorest health outcomes.
- While any given measure may show an overall good picture of community health, subgroups such as the lower income census tracts may experience lower health status measures.
- It will take a partnership with a wide range of organizations and citizens pooling resources to meaningfully impact the health of the community. Coshocton County has many assets to improve health.



Photo Credit: CRMC; visitcoshocton.com; Coshocton County Visitor Bureau

Results of the CHNA: Community Health Prioritized Health Needs

Prioritization of Health Needs

Prioritization Criteria

A team at Coshocton Regional Medical Center reviewed the community health information and used the criteria below to prioritize the health needs in the community.

Magnitude / scale of the problem	How big is the problem? How many people does the problem affect, either actually or potentially? In terms of human impact, how does it compare to other health issues?			
Seriousness of Consequences	What degree of disability or premature death occurs because of this problem? What would happen if the issue were not made a priority? What is the level of burden on the community (economic, social or other)?			
Feasibility	Is the problem preventable? How much change can be made? What is the community's capacity to address it? Are there available resources to address it sustainably? What's already being done, and is it working? What are the community's intrinsic barriers and how big are they to overcome?			

Most Significant Community Health Needs

The following needs were prioritized by a team at CRMC based on the secondary data and the results of the focus groups and interviews.

- 1. Increased Education to the Community on Healthy Eating and Active Living
- 2. Increased Access and Education involving Chronic Diseases
- 3. Substance Use/ Mental Health

Impact of 2019 CHNA and Implementation Plan

Impact

COVID-19 impacted implementation in 2020 of the 2019 implementation plans. Groups were unable to meet in person and services were limited in the community. However, progress was made prior to March 2020.

As part of a large community outreach initiative, emphasis was placed on community education, resources, and screenings.

- 2020 Coshocton Regional Medical Center and Coshocton County Chamber of Commerce Health Expo
 - Prior to the COVID-19 Pandemic in January 2020, Coshocton Regional Medical Center held the Annual Health and Wellness Expo. This event partners the healthcare system with all health organizations in the community and invites all community members to enjoy a day learning about healthier habits. Low-cost lab draws are conducted to provide an option for those that often have a high deductive. Free health screenings are provided including but not limited to Blood Pressure, Glucose, PAD, and EKG screenings. Providers from all service lines are present to discuss healthcare questions from the public. Local first responders from Coshocton County Emergency Medical Services were present to assist with EKG screenings and a live STEMI drill. Other organizations provided education and information on healthy eating, active living, and opportunities for community members to participate in local events involving a healthy lifestyle. Coshocton County and City Health Department also attended providing the community with resource information and education including Diabetes health, Maternal and WIC services, and Immunization information.
- 2021 Coshocton Regional Medical Center Community Day
 - This annual event invites the community to an outdoor event each summer focusing on health education for the community. Free health and physical screenings are conducted during the event. Local first responders also attend to provide education to the community on their services and share education on how to stay vigilant on their health.

Impact of 2019 CHNA and Implementation Plan, cont.

Impact

- Dining with Diabetes
 - Coshocton Regional Medical Center partnered with the Ohio State University Extension Office to provide Coshocton Residents with a free 6-week Diabetes education class on-site. The dietary department was utilized to help attendees learn to cook healthy meals that were easy and cost effective. Those in attendance completed a grocery shopping trip to learn how to select items at the store while they are shopping. This is a semi-annual class that also offers past attendees the opportunity to attend reunion events.
- The addition of Pulmonary Services at Coshocton Regional Medical Center provided those in the community a local Pulmonologist to diagnose, treat, and care for chronic diseases such as Emphysema, COPD, and Asthma. The addition of Sleep Studies in 2022 broadened this service line giving patients another local resource that are dealing with respiratory problems.
- Community Outreach At Events
 - Coshocton Regional Medical Center prioritized local event attendance to give education to the community about healthy eating and active living. Free Glucose and Blood Pressure screenings were provided at each attended event. First-Aid was also provided as a free resources at many events in the community.
 - Coshocton County WIC Baby Expo
 - Coshocton County Health Department Nutrition Fair
 - Coshocton County Fair
 - Indian Mud Run
 - FCA All Abilities Camp
 - Rock Coshocton Motor and Music Festival
- Cardiovascular services were expanded through a partnership with Aultman Cardiovascular Consultants providing 24/7 Cardiac care and clinic coverage for outpatient appointments.
- Many plans from the 2019 Implementation Plan that involved public indoor gatherings were cancelled. Coshocton Regional Medical Center plans to include many of these in the 2022 CHNA Implementation Plan.

Community Health Needs Assessment for Coshocton County

Completed by Coshocton Regional Medical Center in partnership with:

Stratasan



Coshocton Regional Medical Center



Appendix

Community Asset Inventory

The document contains a list of community assets and resources that can help improve the health of the community and assist with implementation of the plan accompanies this document. The focus group also identified community resources to improve health, which are listed on page 20 of the Community Health Needs Assessment.

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Increased Education to the Community on Healthy Eating and Active Living

Healthy Eating Resources

Marilyn's Natural Foods 430 Main Street Coshocton, OH 43812 740-622-6792

Friendly Meadows Country Store 30341 Coshocton Ave Walhonding OH 43843 740-427-2255

WIC Program Health County Department 724 South 7th Street Coshocton, Ohio 43812

Fitness Centers

Anytime Fitness 23635 Airport Rd Coshocton OH 43812 740) 575-1050

American Health Centers of Coshocton 108 Chestnut St Coshocton, OH 43812 740-291-8003

Coshocton Senior Center 201 Brown's Lane Coshocton, Ohio 43812 740-622-4852

Parks

Coshocton Lake Park Complex Triple Locks Park Riverfront Park Coshocton Recreation Department Hall Park AEP Conesville Fallon Park Coshocton County Fairgrounds Conesville MTB Trailhead River View Community Park

Increased Access and Education involving Chronic Diseases

Hospitals

Coshocton Regional Medical Center 1460 Orange Street Coshocton, OH 43812 740-622-6411

Health Department

724 S. 7th Street Coshocton, OH 43812 740-622-1426

Dental Services

Coshocton Dental Care 713 Main St. Coshocton, OH 43812 US 740-622-4421

Dr. Randy L Kruter, DDS 304 Chestnut St. Coshocton, OH 43812 740-622-9557

Coshocton Dentistry 448 Main St. Coshocton, OH 43812 740-622-5774

Reed Family Dental 229 S 4th St. Coshocton, OH 43812 740-622-5695

Schaeferle & Schaeferle Dental Care 234 Cambridge Road Coshocton, OH 43812 740-622-6797

Schlegel Denley J DDS 2 Colonial Square Coshocton, OH 43812 740-622-0844

Increased Access and Education involving Chronic Diseases

Dental Services

Lewis & Niederhelman 713 Main St Coshocton, OH 43812 740-622-4421

Children's Dental Clinic 406 S 15th St #1 Coshocton, OH 43812 740-295-3331

Medical Clinics

Pain Clinic 311 Medical Building at 311 S. 15th St., Suite 206 Coshocton, OH 43812

MVHC Coshocton 440 Browns Lane Coshocton, OH 43812 888-454-5157

Kno-Ho-Co-Ashland Community Action Commission Coshocton County Office 120 N 4th Street Coshocton, Ohio 43812 740-622-9801

Genesis Primary Care - Coshocton 410 Main St Ste A Coshocton, OH 43812 740-722-9520

Hope Clinic of Coshocton 131 South 6th St. Coshocton, OH 43812 740-622-6223

Medical Clinics

Family Urgent Care 305 Downtowner Plaza Coshocton, OH 43812 740-295-9177

Family Physicians Clinic 311 S 15th St Coshocton, Ohio 43812 740-622-0332

Valley View 32327 OH-43824 Fresno, OH 43824 330-897-3232

Interim HealthCare of Coshocton OH 499 S 2nd St Coshocton, OH 43812 740-623-2331

Pediatric Clinic 406 S 15th St Coshocton, OH 43812 740-295-3331

Wendy Redmond, MD Family Practice 433 Walnut Street, Suite 2 Coshocton, OH 43812

Increased Access and Education involving Chronic Diseases

Long-term Care/Assisted Living

Altercare Coshocton 1991 Otsego Ave Coshocton, OH 43812 740-622-2074

Signature HealthCARE of Coshocton 100 S Whitewoman St Coshocton, OH 43812 740-622-1220

Covington Square Senior Apt 380 Browns Ln Coshocton, OH 43812 740-623-4603

Lafayette Pointe 620 East W Main St, West Lafayette, OH 43845 740-545-6355

Seton Coshocton 377 Clow Lane Coshocton, OH 43812 740-622-7664

By Ring Cord 457 N George St West Lafayette, OH 43845 740-545-5326

Windsorwood Place – An Abbington Assisted Living Community 255 Browns Ln Coshocton, OH 43812 740-623-4600

Home Health and Hospice

Family Urgent Care 305 Downtowner Plaza Coshocton, OH 43812 740-295-9177

Heartfelt Homecare, LLC 1320 Chestnut St Coshocton, OH 43812 740-722-9053

Heartfelt Homecare 720 Welker Dr West Lafayette, OH 43845 740-545-9240

College Park Home Health Care 380 Browns Ln # 7 Coshocton, OH 43812 740-623-4607

Substance Use/Mental Health

Substance Misuse Resources

Coshocton Recovery LLC 537 Main St Coshocton, OH 43812 740-693-4113

Thompkins Treatment Inc Coshocton Office 1199 South 2nd St Coshocton, OH 43812 740-622-4470

Alcohol Anonymous Coshocton Presbyterian Church 142 N. 4th St. Coshocton, Ohio 43812 877-246-8520

Mental Health Resources

Coshocton Behavioral Health Choices 610 Walnut Street Coshocton, OH 43812 740-622-0033

Mid-Ohio Behavioral Health 1501 Chestnut Street Coshocton, OH 43812 740-201-2324

Allwell Behavioral Health Services Coshocton Center 710 Main St Coshocton, OH 43812 740-622-5580

Family Care Behavioral Health 224 Chestnut St Coshocton, OH 43812 740-622-2000

National Hotlines

National Suicide Prevention Lifeline 800-273-TALK or 800-237-8255 **National Runaway Safeline** 1-800-RUNAWAY **National Centers for Disease Control** 1-800-232-4636 Gay, Lesbian, Bisexual and Transgender 1-888-843-4564 **HIPS Hotline** 1-800-676-HIPS **National Sexually Transmitted Disease** 1-800-227-8922 **Women Alive** 1-800-554-4876 AIDS Info 1-800-HIV-0440 **Project Inform** 1-800-822-7422 **DMRS** Investigations 1-888-633-1313 **Mobile Crisis** 1-800-681-7444 **Domestic Violence** 1-800-356-6767

Spanish Domestic Violence 1-800-942-6908 **Poison Control Center** 1-800-222-1222 **Veterans Crisis Line** 800-273-8255 Press 1 **National Youth Crisis** 800-442-HOPE (4673) **National Missing Children** 1-800-235-3535 National Sexual Assault 1-800-656-4673 Alcohol Hotline 1-800-331-2900 **Alcohol Treatment Referral** 1-800-252-6465 **National Drug Abuse** 1-800-662-4357 **Poison Control** 1-800-942-5969 **National Homeless** 1-800-231-6946 **National Elder Abuse** 1-800-252-8966



Photo Credit: visitcoschocton.com

Sources

Increased Education to the Community on Healthy Eating and Active Living

<u>Marilyn's Natural Foods | Health Food and Supplements | Coshocton, OH</u> (marilynsnaturalfoods.com)

https://www.loc8nearme.com/ohio/walhonding/friendly-meadows-countrystore/2416667/

https://www.coshoctoncounty.net/health/wic/

https://www.anytimefitness.com/gyms/4847/Coshocton-OH-

<u>43812/?utm_source=google&utm_medium=local&utm_campaign=localmaps&utm_content=4847</u>

https://www.americanhealthcentersofcoshocton.com/

Increased Access and Education involving Chronic Diseases

https://www.coshoctonhospital.org/ https://www.coshoctoncounty.net/health/ https://www.coshoctondental.com/ https://coshoctondentistry.com/ https://www.rfdcoshocton.com/ http://www.coshocton-dentist.com/contact-directions/ http://www.hopecliniccoshocton.org/contact_us1.htm https://www.family-urgentcare.com/ https://www.coshoctonhospital.org/ https://www.mvhccares.org/ https://knohoco.org/ https://www.genesishcs.org/find-locations/genesis-primary-carecoshocton?y source=1 MjMyNTYyMjktNzE1LWxvY2F0aW9uLndlYnNpdGU%3D https://www.coshoctonhospital.org/medical-clinics/family-care-of-coshocton/ https://interim-health.com/ https://www.trinitytwincity.org/doctors/wendy-redmondmd?y_source=1_MzAzNjkzMzgtNzE1LWxvY2F0aW9uLndlYnNpdGU%3D https://www.altercareonline.com/coshocton https://shcofcoshocton.com/ https://www.covingtonsquareapartments.com/ https://www.lafayette-care.net/ https://borror.com/senior-living/ https://abbingtononline.com/locations/windsorwood-place/ https://www.collegeparkinc.com/

Substance Misuse/Mental Health

https://www.coshoctonbhc.org/ https://www.alcoholrehabohio.net/Coshocton/ https://www.facebook.com/presbycoshocton/ https://midohiobh.com/ https://allwell.org/

То	update	or add	information,	complete	the form	below
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Fax #:

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Mailing Address:

List services:

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Community Asset Inventory/Resource Guide

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